

# Bananas Foster (rum caramel, bananas, vanilla ice cream)

## Recipe for 4

### Description

A classic summer dessert with bananas, rum and vanilla icecream

### Ingredients

#### Foster bananas

- 2 Unit(s) Banana
- 75 Gr Butter
- 150 Gr Brown sugar
- 60 Ml Amber rum
- 1 Pinch(es) Cinnamon powder
- 70 Gr Pecan

### Preparation

- Preparation time **25 mins**

#### Foster bananas

Peel the bananas and cut them in 2 lengthwise. Cut them again in the oposite direction. Set aside. In a hot skillet, combine all of the ingredients except for the bananas and pecans. Cook, stirring occasionally for 2 minutes. Add the bananas and pecans and continue to cook for 2 minutes. Serve hot with a nice scoop of ice cream on top.

**Bon appétit!**