

Lemon, Bananas, Pineapple, Smoothie |

Recipe for 4 portions

Description

A fresh and nourishing drink.

Ingredients

Smoothie

- 250 Ml Water
- 250 Ml Orange juice
- 2 Unit(s) Frozen slice bananas
- 220 Gr Pineapple
- 1 Tsp Fresh ginger
- 1 Unit(s) Lemon juice
- 1 Unit(s) Lime juice

Preparation

- Preparation time **15 mins**

Smoothie

Put all the ingredients in your blender bowl, blend and make sure you have a smooth mixture, serve immediately.

Bon appétit!