

the Balsamic old Arugula salad

Recipe for 4 persons

Description

Arugula salad mix with old balsamic vinaigrette and sea salt.

Ingredients

For the salad

- 4 Handful(s) Arugula salad
 - 30 Ml Aged balsamic vinegar
 - 30 Ml Olive oil
 - 5 Ml Sea salt flakes
 - 3 Turn(s) Fresh ground black pepper
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- Olive oil
 - Salt and pepper

Preparation

- Preparation time **10 mins**

For the plating

Mix the arugula with the olive oil, the old balsamic, the sea salt and some fresh black ground pepper. On a big plate, build the tartare in a ring bowl, a bunch of salad on the side and garnish with the fried capers.

Bon appétit!